

thrive

Early Learning Centres

PARENT FREQUENTLY ASKED QUESTIONS

BLAKEHURST



SPEAK TO OUR CUSTOMER SERVICE
AND FAMILY SUPPORT TEAM
T: 02 8355 7777
W: WWW.THRIVE.EDU.AU
E: CUSTOMERSERVICE@THRIVE.EDU.AU

MEET YOUR CENTRE LEADER, HEIDI



Our Thrive Blakehurst Centre Leader, Heidi Wagstaff holds an Early Childhood Degree and has 20 years experience in both the private, not-for-profit and corporate services in the Early Education space. My previous experience extends to the Lower North Shore, Inner West and Sutherland Shire.

Heidi is an experienced leader, effective communicator and a passionate advocate for quality early learning and the importance of the first five years of a child's life.

Get to know Heidi Wagstaff a little more...

"I am so excited to take on this new opportunity as the Centre Leader for Blakehurst. My vision for Thrive Blakehurst is one that embodies a relationship hub for children, family and team. A place where all are working together harmoniously for the good of the children in our care. Thrive Blakehurst will be a place trust, enthusiasm and strong educational pedagogy and practice. I am so excited to see my vision come to life and to establish Thrive Blakehurst as a leader in early education space.

As a mother of an 11 and 2 year old I understand the incredibly difficult and daunting decision that comes with selecting a childcare centre for your child. I am extremely passionate about relationships and feel that with strong connections the greatest outcomes are achieved for all stakeholders.

With strong relationships between children, families and teams the other aspects simply fall into place. I am a very enthusiastic, motivated and passionate person. I am a strong and effective communicator and believe that this promotes trust and confidence. I am so excited to join the Thrive Team."

Our Values



CONFIDENCE

THE PASSION AND CONFIDENCE TO
SHAPE A BETTER COMMUNITY



ATTITUDE

IF ITS TO BE, IT'S UP TO ME.



RESPECT

BE HONEST. BE REAL.

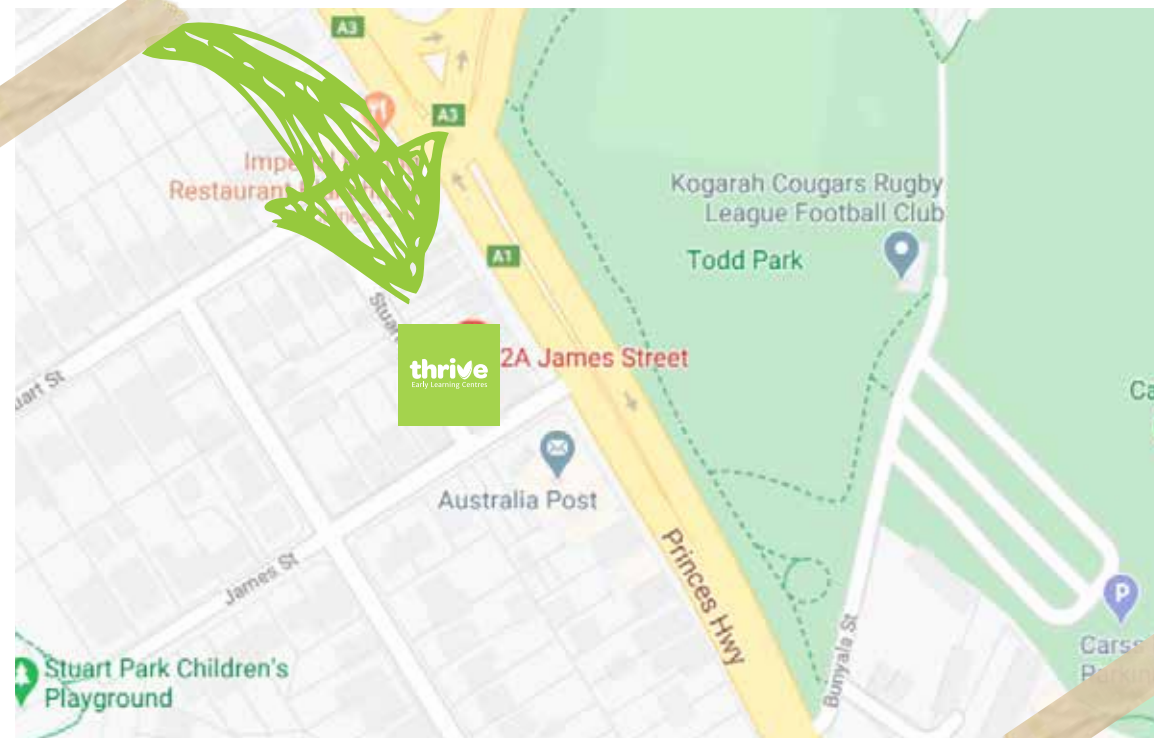


EDUCATION

COMMITTED TO LIFELONG LEARNING
FOR THE SOUL AND MIND.



How to find Thrive Blakehurst



How to find us!

2A JAMES STREET, BLAKEHURST 2221.

Parking Instructions

THRIVE EARLY LEARNING BLAKEHURST is located in the suburb Blakehurst on the corner of James Street and Princes Highway.

With a secure carpark underground and lift access for prams and wheelchairs.

CONTACT OUR CUSTOMER SERVICE TEAM AT ANYTIME TO ASSIST WITH DIRECTIONS OR GENERAL QUERIES

T:02 8355 7777

E:CUSTOMERSERVICE@THRIVE.EDU.AU



WE ARE SHAPING
CONFIDENT, RESILIENT
AND HAPPY CHILDREN

All-inclusive in our daily rate, just imagine this for your little one:

- Thrive Learning Curriculum
- Rotational extracurricular programs (*pending COVID-19 restrictions*)
- Fresh, nutritious meals
- Proven Pre Kinder Program
- Extended care from 7am to 6pm, Monday to Friday
- Access to KinderM8, our online Parent portal for daily updates
- Nappies, wipes and toilet training assistance provided
- All major calendar events are shared and celebrated with our families.
- Access to all current childcare fee subsidies

Opening Hours

Our centre is open Monday to Friday from 7am to 6pm.
52 weeks of the year excluding public holidays.

Fee Information

Fee Information

ROOM	AGE	DAILY FEE
Babies	1-2yrs	\$130
Toddler	2-3yrs	\$130
Preschool	3-6yrs	\$125

- * FEES ARE PRIOR TO CHILDCARE SUBSIDY
- * MINIMUM TWO SESSIONS PER WEEK
- * MUST INCLUDE EITHER A MONDAY OR FRIDAY

Bond

A bond is required to secure enrolment. The bond is \$400. The bond is refunded when the child exits the centre, providing 2 weeks’ notice in writing and all fees and CCS are all paid up to date.

Admin Fee

\$80 non-refundable administration fee per family.

Child Exit Notice Period

Please ensure you provide four weeks written notice when withdrawing your child, this can either be handed in or emailed to Management. Once written notice has been received you will be sent a Child Exit Form to complete and returned back, again either handed in or emailed.

At the end of your child’s placement and if all criteria regarding fees and notice of withdrawal have been met, then the initial Bond payment made on enrolment will be refunded to the family within 3 weeks of the child’s last day.

HELPFUL INFORMATION PARENT



Daily Communication

We provide a Centre-to-Family communication platform so families can maintain contact with their children’s experiences through photos, stories and learning outcomes.

KinderM8

Our Centres use KinderM8 and each family is provided with a secure login to access on their computers, mobiles or apps. KinderM8, an easy-to-use mobile app that helps childcare centre and educators stay better connected with families.

Our Educators use KinderM8 for recording and tracking daily events and activities in the classroom and managing administrative tasks. As a parent, you’ll get private, real-time updates on your child delivered to your mobile device throughout the day.

DAILY SUMMARY.

A real-time feed of activities throughout the day.

LEARNING STORIES.

With our beautifully presented stories and observations, enjoy seeing your children progress towards milestones.

PHOTOS AND VIDEOS.

Right to your mobile device.

STAY CONNECTED.

Stay in touch with your educators and strengthen learning with activities at home.

DIGITAL CHECK-IN.

Easy digital check-in with your personal pin code, digital signature.

MESSAGING.

Leave notes for your educator when your child is sick or running late.

CALENDAR.

Quickly view upcoming events and important dates, stay up-to-date

The Thrive Kitchen



Our menu exposes every children to the broadest range of flavours, textures and ingredients, while ensuring they are receiving the recommended nutritional intake every day.

Our meals are nutritious and delicious for children rotating every six weeks. Emphasising on a balance of whole grains, lean fresh meat and fish, lots of fresh fruit and vegetables and minimal sugar and oil.

- Morning tea with fresh fruit & raw vegetables
- Lunch with fresh, steamed vegetables
- Afternoon tea with fresh fruit & raw vegetables



Nutrition

Our Daily Menu

The Centre will provide breakfast, morning tea, hot lunch and afternoon tea. Our meals are catered for by Kids Gourmet Kitchen.

Our Menu is on display in all centres and mealtimes are displayed on your child's room daily routine.

For 0-2 age children, parents are required to bring their own Formula/Breast Milk.

We provide fresh cow's milk and water.

Nut Free Environment

Due to the severity of allergic reactions to nuts, many Thrive centres choose to implement a 'nut free' policy.

We eat fresh, nutritious, wholesome and well balanced meals everyday!



Sample Daily Menu [12 months - 5 years]

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
morning	Water crackers with cheddar cheese	Wholemeal Raisin Bread	English Muffins with cheese	Mango, Coconut & Tapioca Bubbles	Cheese, Spinach, Pumpkin & Paprika Snails
	Fresh Fruit & Raw Vegetables	Fresh Fruit & Raw Vegetables	Fresh Fruit & Raw Vegetables	Fresh Fruit & Raw Vegetables	Fresh Fruit & Raw Vegetables
lunch	Tuna Mornary Bake with Smooth Ricotta & Spiral Pasta, Cheesy Bread Crust	Beef, Quinoa, Tomato Meatballs with Creamy Potato Bake	Lamb, Beef & Lentil Dhal with Spiced Cous Cous	Vegetarian Pizza with Sweet Potato, Capsicum, Zucchini, Corn & Cheese	Chicken Sausage Paella, Yellow Rice & Green Peas
	Mixed Fresh Vegetables	Mixed Fresh Vegetables	Mixed Fresh Vegetables	Lettuce Tomato & Cucumber Salad	Lettuce Tomato & Cucumber Salad
afternoon	Spelt Oat Anzac Biscuits	Banana Bran & Milo Bread	Pear & Ginger Pillows with Coconut Sugar	Gluten Free Crackers, Chickpea & Herb Cream Cheese Dip	Wholemeal Coconut Shortbread
	Fresh Fruit & Raw Vegetables	Fresh Fruit & Raw Vegetables	Fresh Fruit & Raw Vegetables	Fresh Fruit & Raw Vegetables	Fresh Fruit & Raw Vegetables

The Thrive Early Learning Curriculum

Early Learning Pillars

SOCIALLY THRIVING.

Structured play helps your children develop crucial interpersonal and communication skills. We create environments in which children experience mutually caring and respectful relationships with their peers whilst also developing independence, resilience and confidence within themselves.

To support children's learning, our educators promote trusting relationships, safe environments and respect for all aspects of a child's physical, emotional, social, cognitive, linguistic, creative and spiritual being.

ACADEMICALLY THRIVING .

Children acquire a range of skills which develops fundamental critical thinking and language skills. We shape confident and enthusiastic learners by implementing learning which encourages problem solving, inquiry, experimentation, hypothesizing, researching and investigating.

ECOLOGICALLY THRIVING.

Our educators promote learning opportunities in which children exercise respect, care and an appreciation for the natural environment. All Thrive centres use rainwater tanks to enable the watering of our garden beds.

PHYSICALLY THRIVING.

A child's wellbeing incorporates both physical and psychological aspects which are integral to self-confidence. Our educators promote learning experiences which encourage healthy lifestyles, including nutrition, personal hygiene, physical health and social relationships which contribute to a child's concentration and participation in play and learning.



Munch & Move

Munch & Move at Thrive Early learning Centre's is a fun play-based NSW Health initiative that supports the healthy development of children birth to 5 years by promoting physical activity, healthy eating and encourages limiting small screen recreation through six positive, health promoting key messages. The Munch & Move program fits within the new National Quality Framework and the Early Years Learning Framework.

Early childhood is the ideal time for children to develop and practice healthy eating and physical activity habits; this includes learning a range of fundamental movement skills that will help children take part in and enjoy physical activity throughout their lives.

LEARN MORE ABOUT MUNCH & MOVE

<https://www.healthykids.nsw.gov.au/campaigns-programs/about-munch-move.aspx>

HELPFUL INFORMATION PARENT



Dedicated Pre-Kinder School Program

Our school readiness program assists each child to develop the foundations for lifelong learning by developing skills and abilities which give children the ability to learn effectively, take on new challenges with confidence and have a sense of belonging to the wider community in to which they are about embark.

What is the Goal of the Pre-Kinder Program?

- Familiarise children with the school environment and associated routines, tasks, rules and expectations
- Successfully start school with confidence
- Develop literacy and numeracy knowledge, as well as social and emotional skills.

Sample Preschool Daily Routine

7:00am-9:00am	Welcoming & settling children
8:45am-9:15am	Morning tea outdoors
9:15am-9:45am	Outdoor active play
9:45am - 10:00am	Transition Indoors
10:00am-10:15am	Activity as per programme
10:15am-11:30am	Indoor play
11:30am-11:45am	Transition for lunch
11:45am-12:15pm	Healthy, nutritious lunch
12:15pm-12:30pm	Wash hands & nappy changes
12:30pm-2:00pm	Sleeping, reading & quiet activities
2:00pm-2:20pm	Change nappies as children wake
2:00pm-2:45pm	Indoor/outdoor activities
2:45pm-3:00pm	Apply sunscreen
3:00pm-3:15pm	Healthy afternoon snack
3:15pm-3:25pm	Wash hands & faces
3:30pm-5:15pm	Outdoor play (weather dependant)
4:00pm-4:30pm	Nappy changes
5:15pm-6:00pm	Transition indoors for family grouping
6:00 pm	Home time

*Preschool sample daily routine. Subject to change.



HELPFUL INFORMATION PARENT



Orientation at Thrive

For young children this may be the first time they are apart from their family, their primary caregivers, and this can be an extremely stressful time for the child. Alternatively, some children will be moving from one room to another and while they have been attending the service, they are still transitioning from the safety of their room and relationships with significant educators and this can also create anxiety for the child. Either way, we as Educators need to support the child in their transition to the service or new room.

The need for orientation visits will vary for each child depending on their age, their needs and current experience with THRIVE. For children new to the service a minimum of 3 x 45min orientation visits is required, with their parent /guardian present, at various times of the day, we call this "Stay and Play". This enables the child to experience indoor and outdoor play, a mealtime, group experiences and rest time environment.

The aim of these visits is for the child to start to build relationships with the educators and trust in the new environment. It is also when educators need to gather valuable information from the family about their child's routine, sleep and nutritional needs, comfort strategies and any other needs to support this transition.

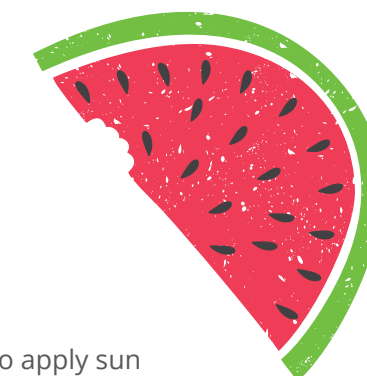
For those moving to another room orientations can occur internally with the child visiting the room for 15-30 mins at a time over the course of a few weeks. These visits are to be shared with families verbally or via email.

What to bring on your Child's first day

OUR CHECKLIST WILL ENSURE YOUR LITTLE ONE HAS EVERYTHING THEY NEED TO FEEL COMFORTABLE & SECURE.

- Backpack
- Nappy rash cream
- Dummies (if required)
- Breast Milk or Formula/Bottles (for babies)
- Comfort Blanket or Toy
- Fitted Cot Sheet and Top Sheet
- Sun Hat
- Spare Outfit
- Spare Socks and Closed Toe Shoes
- Jumper
- Medication (if required)

For the children's protection it is the responsibility of parents to apply sun cream BEFORE leaving them at the Centre each morning. Sun cream is provided at the centre if needed, however it is advisable that children have sun cream applied before coming to Thrive Early Learning Centre. Centre educators will reapply sun cream appropriately throughout the day.



Sports, Movement & Creative Arts

Our sports and movement program encourages the development of your child's gross motor skills.

Whereas music develops a child's creative thinking. We incorporate music and movement to encourage children to express emotions and express their personality.





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"LEARNING FOR LIFE"



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